### **REGION 8 Tobacco-Free Living**



 81 smoke-free or tobacco-free MUH policies created or identified and published



### **REGION 8 Tobacco-Free Living**



Sampson County and Roseboro Tobacco-Free



#### **REGION 8 Tobacco-Free Living**



 Campus-Wide Tobacco-Free at Coastal Carolina Community College; In Process at Brunswick CC, Bladen CC, and Sampson CC

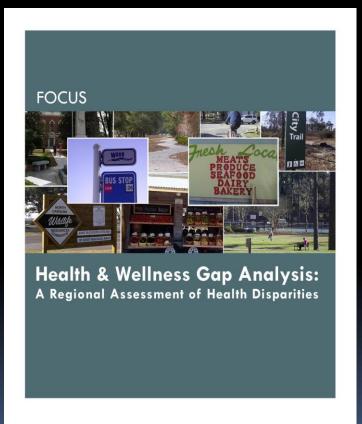


 Active and Engaged Regional Tobacco-Free Living Committee

## **REGION 8 Active Living**



Health & Wellness Gap Analysis for 3 county region (New Hanover, Pender, Brunswick) including original and highly complex mapping of health disparities to neighborhood level







## **REGION 8 Active Living**



- Inclusion of Health Component in several CLUPs: Robeson, Sampson, Bladen, New Hanover, Columbus, Clinton, Wilmington, FOCUS
- Assistance with planning and mapping for a walking trail in Pender County
- Assisted Town of Garland with Parks Plan
- Assisted Sampson County and Clinton with CLUPs
- Assisted with CLUP in Bladen County and with planning park space in East Arcadia in Bladen County

## **REGION 8 Active Living**



- Completed five JUAs with faith-based organizations, three faith-based JUAs in Columbus county alone
- Held meetings and discussions with approximately two dozen faith-based organizations for JUAs



# **REGION 8** Healthy Eating



- Worked with partners to conduct Fruit and Vegetable Inventory across region
- Established or Enhanced over half a dozen
   Farmers' Markets across region



# **REGION 8** Healthy Eating



- Partnered with Feast Down East for region-wide "Eat Fresh, Buy Local" campaign
- Piloted with partner Feast
   Down East healthy foods in
   a rural corner store in
   Pender County
- Helped to create for corner store owners a "Sell Healthy Guide"



# **REGION 8** Healthy Eating



 Worked with Onslow Farmers' Market to support them in contacting Department of Social Services about acceptance of EBT/SNAP



#### **REGION 8**



- Created unique brand and website for region
- Engaged county health departments and many partners with diverse representations

